

BOE Social Emotional Health & Wellness Committee Special Meeting Minutes  
Monday, December 5, 2022, 9:30am  
BOE Conference Room  
3 Primrose St., Newtown, CT 06470

In attendance: Janet Kuzma, Jenn Larkin, Don Ramsey, Chris Melillo, Anne Dalton, & Marc Michaud

**CALL TO ORDER 9:30am**

**PUBLIC PARTICIPATION - None**

**NEW BUSINESS**

1. NMS Project Adventure Presentation - Marc Michaud

Mr. Michaud gave a presentation about the Project adventure program at Newtown Middle School. He stated that the foundation to this program is SEL (social Emotional Learning). The goal is to provide tools for kids to be successful and they have found that kids who embrace this do better academically and socially. Ms. Larkin asked the frequency of the program and Mr. Michaud stated it's roughly 2x/wk and 1 semester during the year. Ms. Larkin also asked about the outcomes and what they are seeing with our current students. Mr. Michaud did state that the program is flexible and they can adjust as needed, if students aren't ready they don't have to move on. Mr Melilo stated that he attended a lesson and that all kids were engaged and it was great to see. Mr. Ramsey stated how important this program is because some of this can't be learned and must be experienced. Mr. Michaud stated a "wish list" and that he would love to see some coordination between schools and possibly have staff do some PD where they can experience the program over the summer.

1. Review Subcommittee Purpose & Goals

Committee reviewed and discussed that purpose & goals. They agreed that the purpose should remain the same and also agreed to keep the frequency of the committee to meeting monthly. Committee also stated that they would like to discuss some goals for the upcoming year.

2. Approve minutes from September 2, 2022 - Ms. Kuzma made motion, Mr. Ramsey seconded motion. Passes unanimously.

**OLD BUSINESS**

3. Wellness Week Update - Due to time constraints, Ms. Kuzma made a motion to postpone this discussion to the next meeting. Ms. Larkin seconded motion. Passes unanimously.

**HEALTH & WELLNESS COORDINATOR UPDATE**

Given time constraints, Ms. Dalton said she would postpone until next meeting and provide a written update if the committee would like.

**SUPERINTENDENT UPDATE - None**

**PUBLIC PARTICIPATION none**

**ADJOURNMENT 10:47**

Ms. Kuzma made motion to adjourn, Ms. Larkin seconded. Passes unanimously.