

Dr. Diane Day, OTD, MS, M.B.A OTR/L  
Occupational Therapist Registered and Licensed

Dr. Day received her B.S. in Occupational Therapy in 1984 from SUNY at Downstate Medical School, her M.B.A. in Healthcare Administration in 1989 from Baruch College, her M.S. in Mental Health Counseling in 2015 from Western Connecticut State University and her doctorate in Occupational Therapy in 2018 from Chatham University.

Dr. Day began her career at Columbia Presbyterian Hospital in NYC, and rotated through the departments of Rehabilitative Medicine, Pediatrics and Hand Therapy. She then worked in Queens and Staten Island for the NYC Board of Ed. Dr. Day has worked in the Newtown School system since 2004. She has worked in all 4 elementary schools and the Newtown preschool, and now works at Hawley and Middle Gate elementary schools.

Dr. Day is Sensory Integration Certified. She has attended many workshops including training in the Wilbarger protocols, Creating Appropriate Sensory Diets, Mindfulness in the Schools and Yoga for the Child with Special Needs.

Dr. Day has a strong belief in the healthy body-healthy mind relationship and is thrilled that Newtown Elementary school teachers incorporate movement breaks throughout the day in their classrooms. She also believes that children's sensory differences should be treated with respect and understanding.

Dr. Day has 3 children, who all attended Newtown Schools. Casey graduated in 2008, Molly graduated in 2010 and Liam graduated in 2015. In her spare time, Dr. Day enjoys hiking, reading and spending time with her family.

To contact Dr. Day, please email at:

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